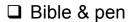
What to Bring List - Spring Break Retreat

Please, put your name on all belongings, blue ribbons on guy's stuff & pink for girls.

Meet at OpenDoor at 2pm on Fri. the 20th (eat before you come). Bus returns Sun. at 4:15pm

		Personal toiletries	(i.e sod	p, shampoo	& deodorant	'cuz we don'i	t want to b	e smelling va
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□ Clothes (warm days & cool nights, dark shirt for zip-lining) Will get retreat shirt. Also mech to buy



☐ Snacks (and/or \$ for snack bar to buy fyi)

☐ Flashlight

☐ Towel

☐ Sleeping bag or blanket (twin size bunks)

Pillow

☐ Earplugs / fan for noise (others may snore)

☐ Shoes (covered) for outdoor walks & zip-lining

□ \$ for extra snacks, drinks & EGP merch

☐ A heart ready to hear from God & have a rockin' weekend.

Insect repellent (mosquitoes)

■ Sunglasses, sunscreen?

■ Sun screen?

■ Medicine?

(headache/stomach)

■ Umbrella / poncho?



Cell phones can be used to call/text parents at specific times.

May allow other times too.



Buy EGP merch at the retreat.

Spiritual Preparation ...

Seek God to prepare your heart. Surrender all to Him! Maybe even fast & pray a meal before and read Isaiah 58.

LUST CONTROL POLICY

MODEST IS HOTEST- Let's keep our eyes on the Creator not the creation.

- o Guys- wear shirts at all times. No "wife beater" shirts or underwear showing, please.
- o Girls- No open back or spaghetti strap shirts. No tight/ belly shirts or short shorts, please.

Thanks for not causing each other to stumble. \odot

Mt. Lebanon Camp and Conference Center1701 Texas Plume Rd, Cedar Hill, TX 75104