

## What to Bring List - Spring Break Retreat

Please, put your name on all belongings, blue ribbons on guy's stuff & pink for girls. OpenDoor meets at 2pm on Fri. the 19 (eat before you come). Bus returns Sun. at 4:15pm New Life, Grace Formed and Revive please check with your youth pastors for your times.

- Personal toiletries (*i.e.* - soap, shampoo & deodorant - *don't be stinkin'*)
- Clothes (*warm days & cool nights. You'll get a retreat shirt, also other merch to buy.*)
- Bible & pen
- Snacks (and \$ for snack bar)
- Flashlight
- Towel
- Sun screen if needed
- Pillow
- Earplugs / fan for noise (*some snore*)
- Shoes (*covered*) for outdoor games
- \$ for extra snacks, drinks & EGP merch
- A heart ready to hear from God & have a rockin' weekend.
- Insect repellent (mosquitoes)
- Sunglasses, sunscreen?
- Sleeping bag or blanket (twin size bunks)
- Medicine? (headache/stomach)
- Phone charger / ext. cord
- Small umbrella / poncho?



Retreat shirt included.  
Buy extra for family  
or friend \$15.



### LIMITED USE

Cell phones can be used to call/text  
parents at specific times.  
May allow other times too.

### Spiritual Preparation ...

**Seek God to prepare your heart. Surrender all to Him!  
Maybe even fast & pray a meal before and read Isaiah 58.**

### LUST CONTROL POLICY

MODEST IS HOTTEST- Let's keep our eyes on the Creator not the creation.

- Guys- wear shirts at all times. No "wife beater" shirts or underwear showing, please.
- Girls- No open back or spaghetti strap shirts. No tight/ belly shirts or short shorts, please.

**Thanks for not causing each other to stumble. ☺**

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