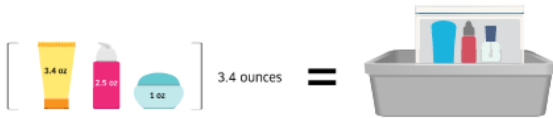


# Traveling Tips & Guidelines

We'll have a good size mission's team, follow these guidelines to help our check-in run smoothly.  
[www.AA.com](http://www.AA.com) Go to "Travel Information" then choose "Bags" loads of details

**Carry-on Bag** (Free) Not to exceed 22 x 14 x 9 in.  
& a personal item for free like a purse, briefcase or laptop

- 3-1-1 Rule / Put personals in clear plastic 1 quart zip-top bag
- No liquids over 3.4 oz. (includes makeup)
- Disposable razors are ok, (scissors w/ cutting edge of up to 4-inches are ok)
- No open bottles of drinks or even bottled water



## **Checked Baggage**

Dimension: 62 in. Weight: 50 lbs.

\* AA will calculate the size limits of your bag by adding the total outside dimensions, length + width + height.

- No cutting instruments (scissors w/ cutting edge of up to 4-inches are ok)
- No lighters or matches
- No more than 70 ounces in total
- Each container has no more than 16 fluid ounces

- **Have your passport/ birth certificate, ticket easy to get to.**

You'll have to take your passport/ birth certificate and plane ticket out to show security and check-in multiple times. Make sure it is easy to access so others are not waiting for you to dig for it.

- **Weigh your check-in bag BEFORE you come to the airport.**

There is nothing more annoying than having to wait, because someone has packed too much and is overweight. The easiest way to weigh your bag is to take a scale, weigh yourself, then hold your luggage, and check the weight again. If it's more than 50 pounds heavier than your original weight then get rid of some stuff. You're only staying a week. If you are questioning do I need this? You probably will be okay without it.

- **Have a travel buddy and always know where they are along with your group leader.**

This will make it so much easier if someone doesn't have to count to make sure all 35 people are there.

Take initiative and be where you are supposed to be, and let your buddy/leader know if you have to leave the group for any reason.

- **Have your liquids already in a clear plastic bag BEFORE coming to the airport.**

It's easy to do. Take a zip lock bag and place your liquids containers in it so you don't have to do it at the airport. It saves time for both you and others. Also store your liquids in an outside pocket so that you can pull it out quickly

at security. Remember each liquid can't be over 3.4 oz. in your carry on.

- **If you don't have to take a laptop/iPad, then don't.**

Taking a laptop makes going through security longer because you have to take it out of your bag to send it through the scanner.

- **Empty your water bottle BEFORE going through security.**

You can't take any open liquids through security including a coke you bought at the airport. If it's opened you can't take it through as well as your water bottle has to be empty.

- **Dress light during travel.**

Some people say to wear your heaviest clothes on the plane but realize when you go through security, you'll have to take off your shoes, belts, anything in your pockets, coats, etc. It helps to travel wearing footwear that's quick to get on and off.

- **Organize your bag.**

If you organize your bag and have things put in nicely then most of the time security will not check go all through your bags, but if everything is just thrown in and they can't really see what is in your bag then you may have to wait longer while they take everything out of your bag and look in every part of it.

- **Pack only what you are allowed.**

If you aren't supposed to pack it then don't, not even if it is your favorite Swiss army knife.