

What to bring Mission Trip (small personal item, 1 carry on, 1 checked bag \$30 charge)

- Passport (copy with family)
- Face masks (may be in places)
- Bible, notebook & pen
- Personal toiletries (body powder)
- Hand sanitizer, face wipes/ DudeWipes
- Casual clothes for 7 days
- Dress and work clothes
- \$\$ for meals (cards are ideal, U.S. cash)
- May want jeans at night
- Swim suit (modest, bring dark shirt cover up if needed/ see modesty info)
- Sunglasses (UV protection)
- Sunscreen (Coral Reef Safe)
- Earplugs (*others may snore*)
- Snacks if ya want. *** checking if fridge, microwave, blowdryer, iron/board, coffee maker/free coffee, safe & WiFi ???*

*** * Lust Control Policy * ***

MODEST IS HOTTEST!

Thanx 4 not causing each other 2 stumble.

- o **Guys-** No "wife beater" shirts or underwear showing please. Wear a shirt except when swimming.
- o **Girls-** No open back/spaghetti straps. No tight/ belly shirts or short shorts (past finger tips). No cleavage. A two piece swimsuit needs a dark shirt cover please.

Let's keep our eyes on the Creator not the creation!



- Any needed medicine (refer to "Medical Needs" paper on prescriptions)
- Sea sickness? Dramamine, Bonine, "Sea Bands", Scopolamine patches prescribed
- Battery operated fans
- Battery operated phone charger, charging cable, powerstrip
- Mosquito spray (deep woods)
- Swim shirt (optional but protect from UV and are fast drying)
- Extra spending money (\$ for excursion, plus snacks, souvenirs, etc)
- Mission Trip shirt & other E.G.P. shirt
- A heart to used by God & serve your brothers and sisters with a grateful heart. Openness for God to change your entire life. 😊

Please, put your name & ribbon on all bags.

Spiritual Preparation ...

**Seek God to prepare your heart. Surrender all to Him!
Fast & Pray a meal a day the week before camp and read Isaiah 58.**